

Central Board of Secondary Education

RULES OF SPORTS & GAMES

- ❖ All the organizing & participating schools shall go through the following discipline-specific rules very carefully before filling-up the online entry & also before participation in any of the competition at any level.
- ❖ Only online entries will be accepted.
- ❖ For the competitions in the disciplines that are being held directly at national level, the number of entries to be accepted on first-cum-first-serve basis in a specific discipline that can be seen under the respective rules.
- ❖ Henceforth, at all levels of competitions, the teams losing at semi-final stage shall be awarded Bronze Medal & Merit Certificate and thus there will be no hard-line match.
- ❖ The first & second position winners (Gold & Silver medalists) in individual sports events, and the first position winners (*Gold Medalists*) in teams games will participate in National level competition as mentioned in CBSE Games Circular (Latest).

ATHLETICS

(BOYS" & GIRLS")

1. The meet shall be conducted according to the latest and revised rules of Athletic Federation of India, with modifications wherever applicable.
2. Every school will be entitled to enter only one athlete in each event, except in relay races where a team of maximum five athletes can be entered.
3. The various age categories and list of events in which competition will be held:-

Under 14 years		Under 17 years		Under 19 years	
Boys	Girls	Boys	Girls	Boys	Girls
100 M	100 M	100 M	100 M	100 M	100 M
200 M	200 M	200 M	200 M	200 M	200 M
-	-	400 M	400 M	400 M	400 M
800 M	800 M	800 M	800 M	800 M	800 M
4 x 100 M Relay	4 x 100 M Relay	1500 M	1500 M	1500 M	1500 M
		3000 M	4 x 100 M Relay	5000 M	3000 M
Long Jump	Long Jump	4 x 100 M Relay	4 x 400 M Relay	4 x 100 M Relay	4 x 100 M Relay
		4 x 400 M Relay	Long Jump	4 x 400 M Relay	4 x 400 M Relay
Shot Put 4 Kgs	Shot Put 3 Kgs	Long Jump	High Jump	Long Jump	Long Jump
		High Jump	Shot Put 3 Kgs	High Jump	High Jump
		Triple Jump	Discus Throw 1 Kg	Triple Jump	Triple Jump
		Shot Put 5 Kgs	Javelin Throw 500 Gms	Shot Put 6 Kgs	Shot Put 4 Kgs
		Discus Throw 1.5 Kgs		Discus Throw 1.75 Kgs	Discus Throw 1 Kg
		Javelin Throw 700 Gms		Javelin Throw 800 Gms	Javelin Throw 600 Gms

NOTE: Weight of all the equipments shall be carefully checked before hand and signed by the Organizing secretary.

4. An athlete can participate in maximum two individual events and in relay.
5. Only online entries are accepted. On the spot entry/changes will not be permitted.

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7. The athletes winning first and second position holders at Cluster level shall qualify to take part in National level Athletic Meet. In relay events, only the first position winning team from each category for boys and girls separately will be allowed to participate in Nationals.
8. In a particular event, if the number of athletes is less than four; but they are from different Institutions/Clusters, it may be conducted. The winners may be awarded the medals and the merit certificate, but, they may not be awarded the points so as to be included for the Team Championship. However, their points will be considered for individual championship.
9. In case of relays, all the five members of the team (if five names are given before the meet in the eligibility Performa and all five have attended the meet) irrespective of who runs the finals, shall be awarded the Medals and Certificates.
10. Immediately after the Cluster level meets, the Organizing School shall send the list of athletes qualified, with their school name and complete postal address to the National Meet Organizing School through online form
11. All the Principals of such schools from where the Athletes have qualified to participate in the National meet must inform their Athletes, indicating the venue and the dates of the National meet and plan their journey (reservation etc.). They should also inform the Organizing School about their arrival and departure schedule.
12. **In relays, only a single school team will be allowed to participate.**
13. The Overall Championship separately in boys and girls sections in all the age groups may be decided. The points shall be awarded according to the following system:-

Position	Individual Events	Team Events (Relays)
1 st Place	07	14
2 nd Place	05	10
3 rd Place	04	08
4 th Place	03	06
5 th Place	02	04

14. The Merit Certificates shall be awarded only up to 3rd position. However, participation Certificates will be awarded to all those who actually take part in Cluster/National level as the case may be.
15. A separate prize may be given to the Individual Champion in Boys and Girls section, in all the age categories.
16. The Individual Champion (Best athlete) in any age group will be awarded only to one athlete on the basis of performance/points as per the AFI Scoring Table.
17. A prize may be given to the school scoring total maximum points (total points in all the age groups in Boys'' & Girls'' categories) and may be declared as over-all Champion.
18. In the National Athletic Meet, the record of performance up to 6th Place shall be maintained. In case where no 6th Place is available, up to 4th or 5th performance will be maintained. Such performance will be made available to the CBSE Sports Cell.
19. New Meet Record(s) wherever created should be clearly indicated as 'NMR' and wherever the performance is equal to the existing record, may be clearly indicated as 'EMR'.
20. From organizing school, in each event, only one athlete will participate.
21. The schools Organizing Cluster level meet shall take a Group Photo of the teams that have qualified to participate in national level meet. The photo shall be signed by the host school Principal and forwarded to the school organizing next level of competition along with the original entry Performa.